The Big Questions:

What Does the Bible Say About Sexuality?



...1 Corinthians 6:12-20

...page 795

More Resources @ Plymouthalliance.org/BigQuestions



Thesis:

A biblically shaped view of sex produces a radically satisfying love life.

Sex is designed to be between enjoyed between 1 man and 1 woman for a lifetime in a marital covenant relationship. THAT is our topic.



- 1. Shedding Light on Dark Lies About Sex.
- 2. Highlighting the Biblical View of Sex.
- 3. Committing to Faithfulness Regarding Sex.



1 Corinthians 6:12-20 p. 795

12 "I have the right to do anything," you say—but not everything is beneficial. "I have the right to do anything"—but I will not be mastered by anything. 13 You say, "Food for the stomach and the stomach for food, and God will destroy them both." The body, however, is not meant for sexual immorality but for the Lord, and the Lord for the body. ¹⁴ By his power God raised the Lord from the dead, and he will raise us also.



1 Corinthians 6:12-20 p. 795

¹⁵ Do you not know that your bodies are members of Christ himself? Shall I then take the members of Christ and unite them with a prostitute? Never! ¹⁶ Do you not know that he who unites himself with a prostitute is one with her in body? For it is said, "The two will become one flesh." 17 But whoever is united with the Lord is one with him in spirit.



1 Corinthians 6:12-20 p. 795

¹⁸ Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body. 19 Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; 20 you were bought at a price. Therefore honor God with your bodies."



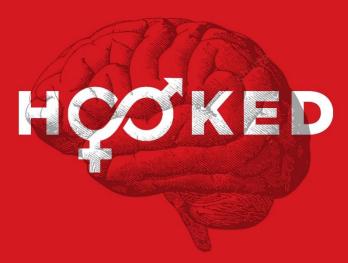
1. Shedding Light on the Dark Lies About Sex.

Lies from the media

Understanding Sex

The Science of Sex





THE BRAIN SCIENCE
ON HOW CASUAL SEX
AFFECTS HUMAN DEVELOPMENT

JOE S. MCILHANEY JR, MD FREDA MCKISSIC BUSH, MD



Vasopressin



Hooked

Oxytocin "When two people touch each other in a warm, meaningful, and intimate way, oxytocin is released into the woman's brain. The oxytocin then does two things: increases a woman's desire for more touches and can begin producing bonding of the woman to the man she has been spending time in physical contact with, as her brain begins to be molded to connect her to the man." page 29



Hooked

"Oxytocin can cause a woman to begin to bond to a man even during what was expected to be a short-term sexual relationship. She may know he is not the man she would want to marry but intimate sexual involvement may cause her to be so attached to him she can't make herself separate. This can lead to a woman being taken off-guard by a desire to stay with a man she would otherwise find undesirable and staying with him even if he is possessive or abusive. . .



Hooked

"The adolescent girl who enters into a close physical relationship may, therefore, find herself, because of the normal effect of her brain hormones and the brain molding that results, desiring more physical contact and trusting a male who may be using manipulative pledges of love and care only to get her to have sex with him." page 32





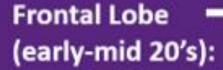
1. Shedding Light on the Dark Lies About Sex.

Lies from the media

Understanding Sex

The Science of Sex

Brain Development



- Decision making
- Long term planning
- Risk-assessment
- Impulse control

Prefrontal Cortex (23-30yo):

- Cognitive processing
- Problem solving
- Emotional control



Figure 1: Sex Partners and Divorce for Americans without a Four-year College Degree

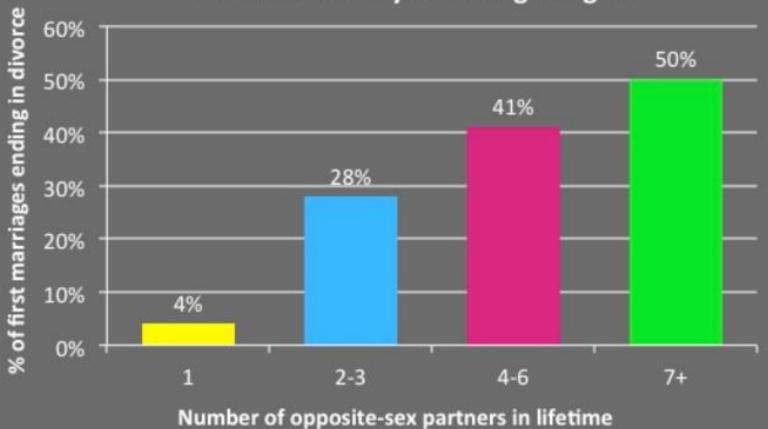
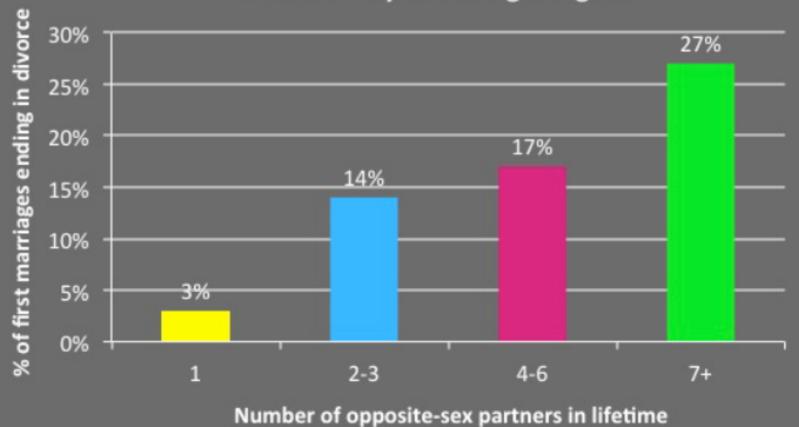
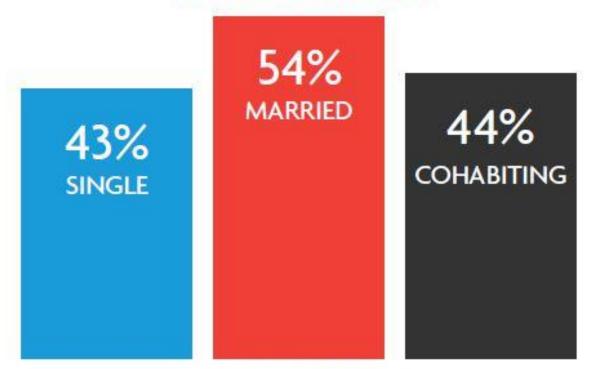


Figure 2: Sex Partners and Divorce for Americans with a Four-year College Degree



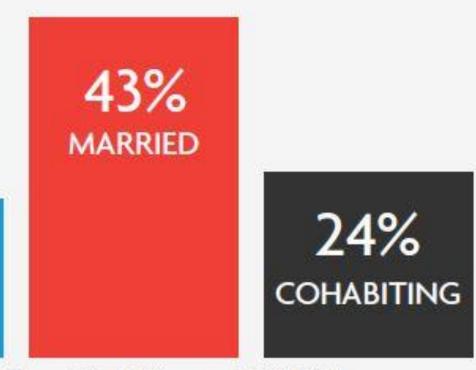
Future Plans Stage #4 Kids Marriage Buying a House Engagement Commitment Meet the parents Planning Together Cohabitation Stage #3 **Buying Things** Exclusive Pating Interdependence Serious Pating Shared Experiences Couple Identity Meeting each other's friends Long talks Emotional Intimacy Stage #2 Sex NRE Gifts Romance Casual Pating Attraction First Pate Talking & Flirting Stage #1 Group date Introduction

MEN REPORTING THEY ARE "EXTREMELY SATISFIED" WITH PHYSICAL QUALITY OF THEIR SEX LIVES



Source: Waite 1995, Figure 10

MEN (AGED 20-39) REPORTING THEY ARE "VERY HAPPY" WITH LIFE



20% SINGLE

Source: General Social Survey 2000-2014





2. Highlighting the Biblical View of Sex.

V12: "I have the right to do anything".

V13: "Food for the stomach and the stomach for food" implying sex as a simple appetite.



2. Highlighting the Biblical View of Sex.

#1 Sex if for Giving

The first point of sex is to solidify a life-long commitment of sharing, not initiate it.

V13. "The body, however, is not meant for sexual immorality but for the Lord, and the Lord for the body."



2. Highlighting the Biblical View of Sex.

¹⁶ "Do you not know that your bodies are members of Christ himself? . . . But whoever is united with the Lord is one with him in spirit. . . ¹⁸ Flee from sexual immorality. . . ¹⁹ Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; 20 you were bought at a price. Therefore honor God with your bodies."



2. Highlighting the Biblical View of Sex.

#2 To demonstrate the unfailing love of Christ.



3. Committing to Faithfulness Regarding Sex.

1 John 1:9 "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness."

James 5:16 "Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective."

Commitment Card

☐ I commit myself to sexual
ourity; guarding my eyes, my
touch, and my emotions. I commit
to remain a virgin until marriage
and/or stay faithful to my spouse
until death parts us.
☐ I have given in to viewing
sexually explicit material and have
sinned in lust. I repent!
- in the analysis of
I have given in to pre-marital sex, but this day I pledge to
maintain sexual purity until
marriage.
marriage.
☐ I have broken my marriage
vows and today pledge to maintain
faithfulness to my spouse.
Date:





- 1. There are a lot of dark lies. Shine light on them and turn to the light.
- 2. Love God, love others by fleeing sexual immorality. It truly will be satisfying. God's design!
- 3. Make a decision. Don't wait. Pledge now to pursue, relentlessly pursue sexual purity.